



## Falling Into Autumn With These Seasonal San Diego Comfort Food Dishes



Brian's 24 Herb Roasted Pork Loin

**September 13, 2016**

With Summer coming to an end and Fall being right around the corner, it's about time your stomach filled up on some hearty comfort foods. Toss those popsicles and step away from the ice cream because once the temperature drops, you'll definitely be yearning for something warm and savory. Mark your calendars for the first day of Autumn on September 23, and try out these 5 restaurants that will surely usher in the change of the season with hearty seasonal-inspired dishes.

Located in the Gaslamp, [Brian's 24](#) boasts a wide menu of good ol' American recipes. Open 24/7, this family-owned eatery serves comfort food around the clock while providing a friendly environment that will shelter you from the crisp fall air. Fill up on the herb-roasted pork loin cooked with Italian herbs and garlic complemented by apple sauce for an enticing combination of savory and sweet.

For all you sports fanatics, it's no surprise that with the arrival of fall comes football season, and what better place to enjoy the game than at a sports bar with hearty grub? North Park's [True North Tavern](#) is a local hotspot that features the chicken cordon bleu sandwich made with grilled ancho chicken, shaved ham, mozzarella, arugula, tomato and Dijon mustard that's sure to enhance any sporting event this upcoming Fall.



1919's Cornbread Open Faced

Delight in more comfort food options at [1919](#), a sports bar in the Gaslamp quarter that dishes out American classics with a creative twist. To match the yellow leaves of fall, enjoy a little yellow on your plate by dining on the cornbread open faced with pulled pork, crispy onions, pan sauce and cucumber salad.

Also in the neighborhood of North Park is [Encontro](#), a local hub that provides an extensive menu of unique protein dishes. Escape the chilly winds and treat yourself to a ribeye steak straight from an open flame grill, prepared with a craft beer reduction, garlic mashed potatoes and seasonal vegetables.

Put on your sweaters and boots and make your way to either one of the [Union Kitchen & Tap](#) locations. Nothing says fall like sweet potatoes so be sure to order the quinoa sweet potato cake served with ratatouille and shaved asparagus salad for a healthy fall-inspired dish.

Say goodbye to summer and stop by one of these restaurants for a pleasing dining experience to help you greet Fall with a happy heart and an even happier stomach.