

San Diego Food Finds Blog

National Greasy Food Day

October 24, 2016 Maria Desiderata Montana



Beer Cheeseburger at Pacific Beach Alehouse

Take a break from your well-balanced diet and indulge in something greasy because October 25th is National Greasy Food Day! It may not be what the doctor ordered, but this holiday only comes once a year so treat yourself to one of these fried, cheesy, salty dishes and your taste buds will surely thank you.

Check out [Backyard Kitchen & Tap](#) in Pacific Beach for a lunch full of greasy goodness. Order their Bison Burger complete with free range bison topped with bleu cheese, arugula, basil aioli, tomato, all smothered between a brioche bun. Scarf this down and you'll definitely be ready to take on the rest of the greasy holiday.

Close by is [Pacific Beach AleHouse](#), where you can also enjoy irresistible burgers sure to satisfy any palate. Their Beer Cheese Burger is grease galore, prepared with Brandt beef, AleHouse beer cheese, fried onions and bacon between brioche buns. If that's not enough, this savory marvel is also served with your choice of seasoned fries, tater tots, sweet potato fries, chips or cottage cheese.

For all you sport fanatics, [True North Tavern](#) is a local hotspot for both game day and good food. Located in North Park, this sports bar is equipped with a menu that offers specialty tater tots that are perfect for National Greasy Food Day. Their BBQ Chicken Tots are made with ancho chicken, pepper jack cheese, Cajun fried onions and cilantro, smothered in barbecue sauce and ranch dressing.

Let's not forget one of the greasy food classics...grilled cheese! With locations in La Jolla and Mission Valley, [Grater Grilled Cheese](#) is on the top of the list for gourmet grilled cheese sandwiches. Be sure to order the namesake dish Grater Grilled Cheese, which includes their signature five cheese blend, a hamburger patty, goat cheese, applewood bacon, roasted bell peppers, arugula, balsamic caramelized onions and smoked jalapenos.

If you're a hardcore grease-lover and want the festivities to last an entire day, stop by [Brian's 24](#) in the Gaslamp. Open 24/7, they dish out hearty grub around the clock, making them the ideal destination for those greasy late-night cravings. Try their Sampler Platter, a heaping plate of potato skins, onion rings, jalapeno poppers, mozzarella sticks, toasted ravioli and chicken tenders.