

Hot Dish: Smashbrown Biscuit at True North Tavern

By Darlene Horn | May 19, 2016



Variety's the spice of life! But sometimes it's hard to know what's a must-try dish, and when to take a pass. That's why Zagat San Diego spotlights can't-miss hot plates worth seeking out. Know of an excellent menu item in town? Let us know in the comments below or on Twitter via @ZagatSanDiego.

The Dish: Smashbrown Biscuit at [True North Tavern](#)

The Price: \$12

Tasting Notes: In the current world of San Diego food trends, we have the ever-present tacos, followed by ramen and poke. But we think biscuits are just waiting to break out and show diners they're more than a side carb to be slathered with butter. At North Park's True Tavern, biscuits are appropriately named Bomb Ass Biscuits and they have a special place on the menu, taking center stage in sandwiches and sliders filled with the likes of chicken, beef patties and avocado. For a memorable introduction, go for the Smashbrown Biscuit, a towering monument with a

thick, housemade potato patty, fried egg, cheddar cheese and bacon. It's featured on the lunch and dinner menu, yet it feels right at home for late brunchers during the weekdays. The restaurant's housemade chipotle ketchup adds some spice to the carbo-loaded behemoth and bacon mayo is present, echoing the porkiness of the sandwich. And don't fret if you feel that there's not enough potato goodness in each bite, the dish comes with a hearty serving of tots (which can be subbed with salad by request if that's too much of the tater).

Good to Know: Diners looking to break up the carbs with more protein can order a ground prime chuck patty served inside for an additional \$3.

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